

AR Year 1 Narrative

Principal Name: Marisa Arms

School Name: Wyandotte Elementary School

Principal's Email Contact: maarms@tsc.k12.in.us

Background Leading to My Inquiry

Over the past few months, I found myself increasingly overwhelmed by the sheer volume of administrative responsibilities on my plate. From endless emails to paperwork and routine managerial duties, my days became consumed by tasks that, while necessary, felt repetitive and uninspiring. I had been bogged down by all of the administrative tasks that I found myself spending most of my time on tedious tasks, leaving little room for the meaningful, people-centered work that originally drew me to this role.

The Purpose of My Inquiry (Slide 2)

The purpose of my action research is to determine if I intentionally schedule 15 minutes per day of non-negotiable classroom visits if it will make me feel less drained at the end of the day as measured by my own reflections and teacher survey data.

My Wondering (Slide 3)

I wonder if intentionally setting aside time to be in classrooms would help me feel less emotionally, physically, and intellectually drained at the end of the day.

My Actions (Slide 4)

- Daily classroom visits/schedule daily on Google calendar
- Daily Tracking
- Weekly Staff Google Visibility Survey
- Reflections

Data Collection (Slide 5)

- Google Form ([Staff Input - Marisa's Visibility](#))
- Google Form ([Daily Tracking](#))
- Reflections

My Data (Slides 6-10)

*

MM DD YYYY

01 / 10 / 2025

How visible was Marisa this week? *

1 2 3 4 5 6 7 8 9 10

I did not see Marisa this week

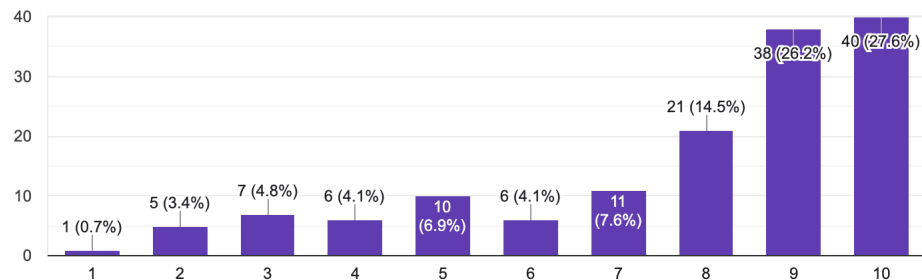
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I saw Marisa often this week

How visible was Marisa this week?

[Copy chart](#)

145 responses



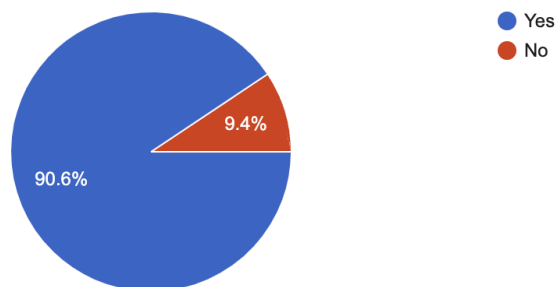
“Thank you for taking the time out of your busy day to check in. I felt so supported and seen. I appreciate you!” -2nd Grade Teacher in the portables

“It means so much that you are checking in on us!” - Cafeteria Manager

Students ask if I want to see their new glasses, classwork, and give me pictures when I visit! The biggest “noticing” before this - portables & cafeteria staff were missed in my daily morning walk. In January, February, and March I have been more intentional to make sure I have included them.

Did you visit classrooms for 15 minutes?

32 responses



My Discoveries (Slide 11)

- I have learned that regularly visiting classrooms energizes me and aligns with my harmonizer phase, leading to a greater sense of purpose and connection.
- I have realized that prioritizing time in classrooms positively influences my emotional well-being and enhances my overall productivity.
- I have discovered that meaningful interactions with staff and students help me stay centered and motivated throughout the day.

I discovered that by visiting classrooms, I am more likely to engage with and feed my harmonizer phase and base. This, in turn, has a positive impact on my day. The interaction and energy I experience in these environments help me feel more centered, connected, and motivated, ultimately boosting my overall mood and productivity.

Where I Am Heading Next (Slide 12)

I am committed to deepening my presence in classrooms by embedding these visits into my daily routine with intentionality. Moving forward, I will focus on using these opportunities not only to build relationships, but also to provide timely support, celebrate effective practices, and better understand the needs of both students and staff. My goal is to stay closely connected to the heartbeat of our school and contribute meaningfully to a collaborative, student-centered learning environment.



AR Year 1

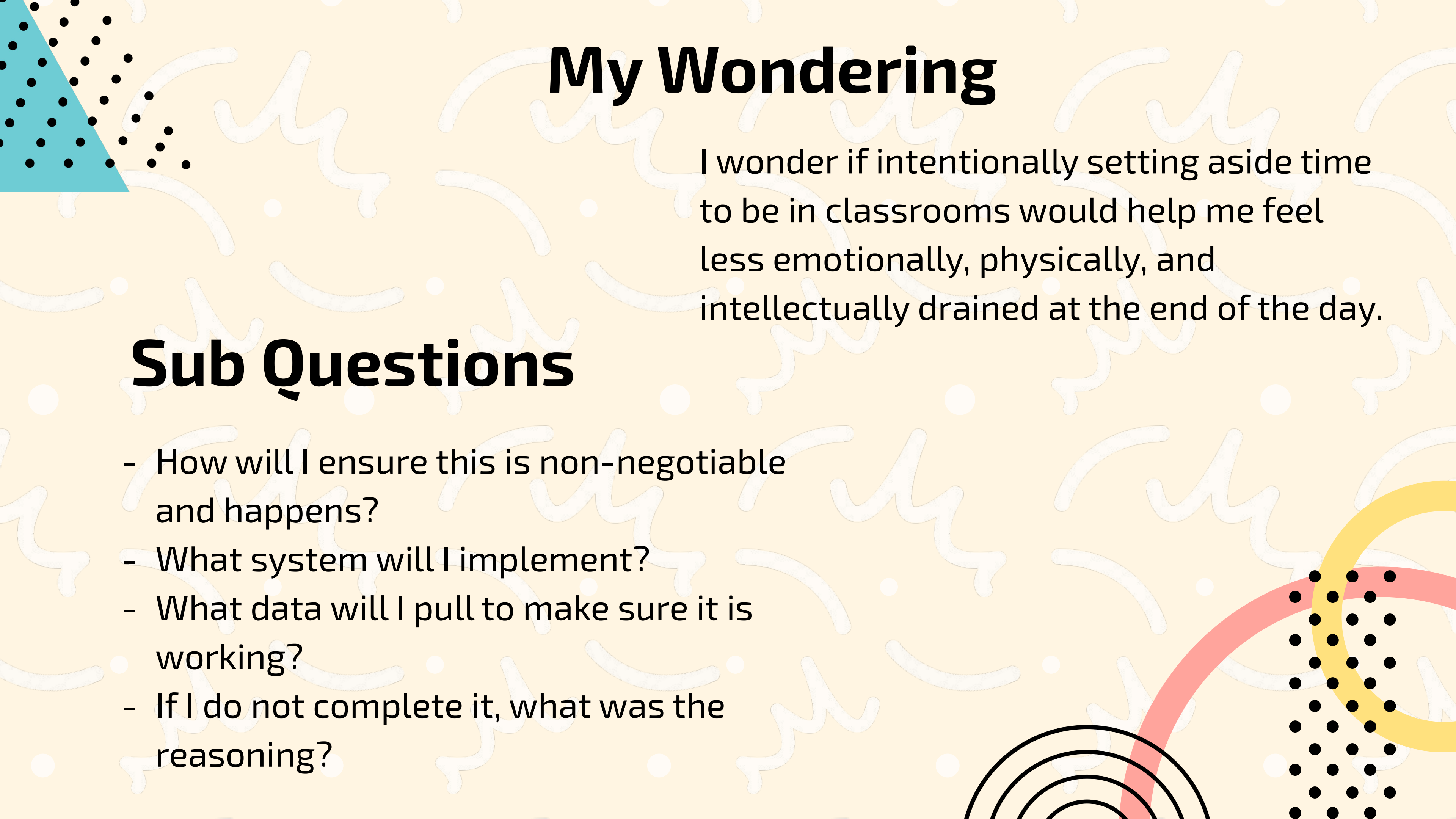
**Transforming Leadership: The
Power of Daily Connection
and Intentional Engagement
in School Leadership**

Marisa Arms
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Purpose (Background)

The purpose of my action research is to determine if I intentionally schedule 15 minutes per day of non-negotiable classroom visits if it will make me feel less drained at the end of the day as measured by my own reflections and teacher survey data.





My Wondering

I wonder if intentionally setting aside time to be in classrooms would help me feel less emotionally, physically, and intellectually drained at the end of the day.

Sub Questions

- How will I ensure this is non-negotiable and happens?
- What system will I implement?
- What data will I pull to make sure it is working?
- If I do not complete it, what was the reasoning?

My Actions

Jan.



- Daily classroom visits
- Daily tracking
- Weekly Staff Google Visibility Survey
- Reflections

Feb.

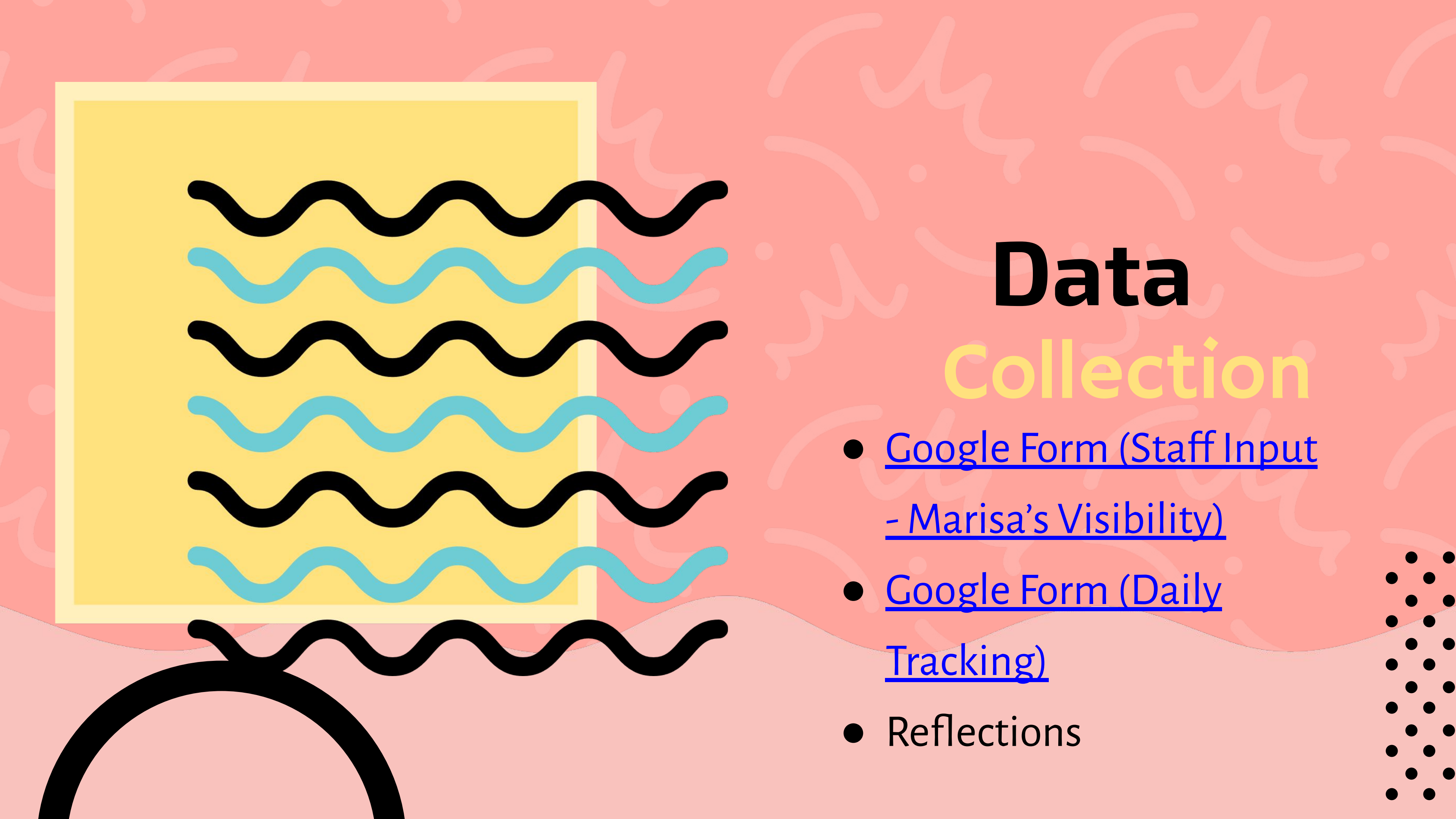


- Daily classroom visits
- Daily tracking
- Weekly Staff Google Visibility Survey
- Reflections

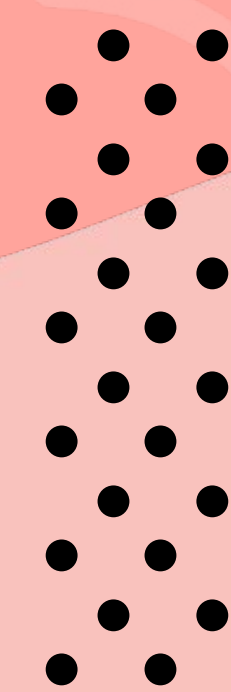
March



- Daily classroom visits
- Daily tracking
- Weekly Staff Google Visibility Survey
- Reflections



Data Collection

- [Google Form \(Staff Input - Marisa's Visibility\)](#)
 - [Google Form \(Daily Tracking\)](#)
 - Reflections
- 

Data

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MM DD YYYY

01 / 10 / 2025

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I did not see Marisa this week

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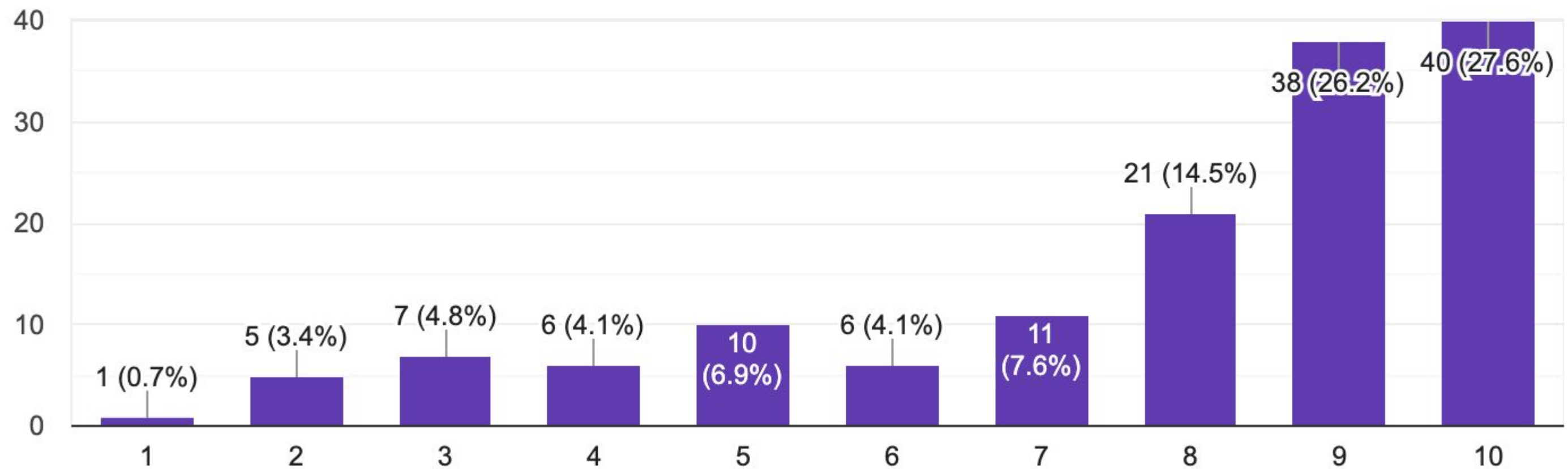
I saw Marisa often this week

My Data

How visible was Marisa this week?

 Copy chart

145 responses



The background features a light cream color with various abstract elements. In the top left, there's a pink wavy line. In the top right, a large black circle contains a pink teardrop shape, with yellow concentric circles nearby. A cluster of black dots is positioned between the top right and center. In the bottom left, there's a blue shape with yellow and pink concentric circles and a cluster of black dots. A blue curved line is in the bottom right.

Data

“Thank you for taking the time out of your busy day to check in. I felt so supported and seen. I appreciate you!” -2nd Grade Teacher in the portables

“It means so much that you are checking in on us!” - Cafeteria Manager

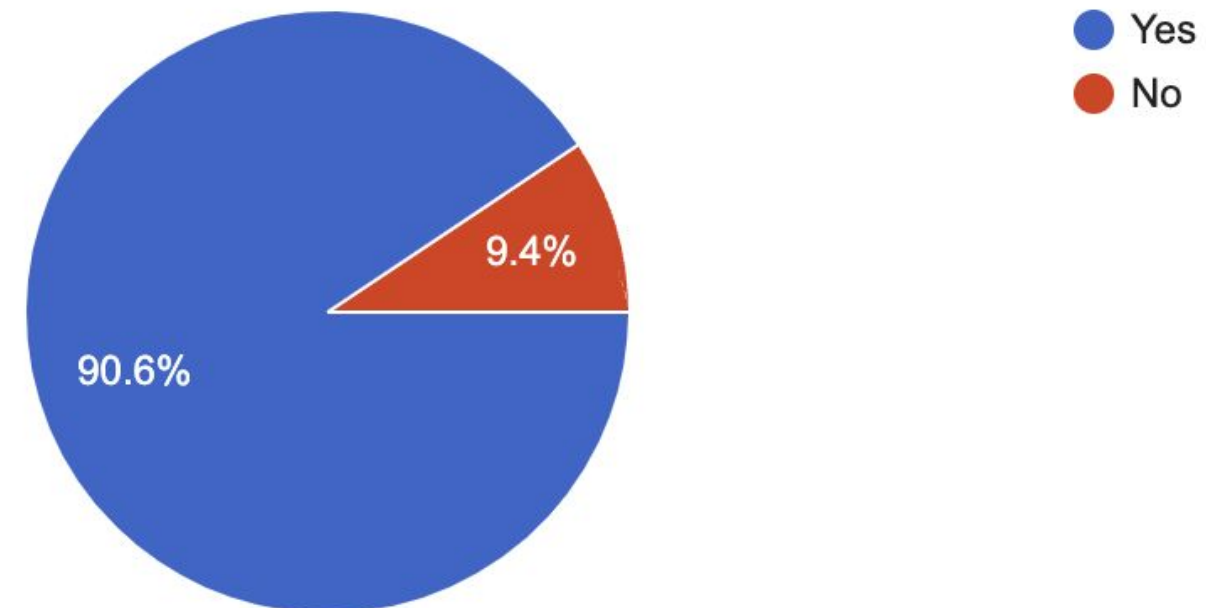
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Data

There were 3 times I did not complete my daily classroom visits. This was due to administrative meetings out of the building, an escalated student, and a sick child.

Did you visit classrooms for 15 minutes?

32 responses



Data - Journal Reflection

Notes

When I began my mornings in the classrooms, I felt a noticeable increase in joy and energy throughout the day, making me more productive and giving me an extra boost each morning.

However, on the three occasions I missed my classroom visits, I felt less motivated and more drained as the day went on.

My Discoveries

I discovered that by visiting classrooms, I am more likely to engage with and feed my harmonizer phase and base. This, in turn, has a positive impact on my day. The interaction and energy I experience in these environments help me feel more centered, connected, and motivated, ultimately boosting my overall mood and productivity.

Where Am I Heading Next

- Spending more time in the classroom has positively influenced my daily experience.
- The increased presence has enabled me to build stronger relationships with both students and staff.
- I am dedicated to making classroom visits a regular and purposeful part of my daily routine.
- Stay closely connected to the day-to-day operations of our school, offer timely support to teachers, and contribute to fostering a more enriching learning environment for our students.