

## COVID-19 UPDATE: SHARE FACTS ABOUT CORONAVIRUS

### FACT 1

Diseases can make anyone sick, regardless of their race or ethnicity.

### FACT 2

For most people, the immediate risk of becoming seriously ill from COVID-19 is low.

### FACT 3

Someone who's completed quarantine does not pose a risk of infection to other people.

### FACT 4

Washing your hands and avoiding touching your face can keep yourself and others healthy.

### FACT 5

You can help stop COVID-19 by knowing the signs and symptoms.

The signs and symptoms of COVID-19 are fever, cough, shortness of breath. Seek medical advice if you develop symptoms and have been in close contact with a person known to have COVID-19 or if you live in an area with ongoing spread of COVID-19.

Get Updates: [NAESP.org/COVID19](https://www.naesp.org/COVID19)

Source: Centers for Disease Control and Prevention, [CDC.gov/COVID19](https://www.cdc.gov/COVID19), March 2020

